

The Sexual Problem That Is Paraphilia

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Sexual health problems, dysfunction, or disorder is a condition wherein a person experiences difficulty during any stage of the sexual act that prevents a him from enjoying sexual activity. The sexual act includes desire, arousal, orgasm, and resolution.

There are a lot of different emotional and physical causes which may contribute to a person developing a sexual problem or disorder. The emotional factors may be: interpersonal problems such as relationship issues, or a lack of trust and communication between sexual partners; and/or psychological problems like depression, sexual fears or guilt, and previous sexual trauma. Physical causes may include: the use of controlled substances such as narcotics and alcohol; injuries to the back, enlarged prostate glands, blood supply problems, and/or nerve damage; diseases and organ disorders.

One of these sexual disorders is paraphilia. It describes a family of persistent, intense fantasies, abnormal urges, or behaviors involving sexual arousal to anything out of the ordinary. Here are some of the most common paraphilias experienced by common people:

I Fetishism. It is the sexual attraction to material and terrestrial objects even if in reality, the essence of the object is inanimate and sexless.

Transvestic fetishism. It is a form of sexual fetish that involves wearing clothes of the opposite gender.

Partialism. A person with this form of paraphilia gets sexually excited from non-sexual parts of the body.

I Pedophilia. This is the sexual attraction to children sixteen years old and below.

I Exhibitionism. This is the recurrent urge or behavior to expose one's genitals to or performing sexual acts in view of an unsuspecting person or in a public place. It is also called flashing, and the Lady Godiva syndrome.

I Sexual masochism. A masochist obtains sexual excitement from being humiliated, beaten, bound, or otherwise made to suffer.

I Sexual sadism. A sadist finds it sexually arousing to be involved in acts of inflicting pain or humiliation onto another person.

I Frotteurism. A person with this condition gains sexual gratification by touching or rubbing against a non-consenting person. It usually involves the hands and the genitals

I Voyeurism. It is a practice wherein a person derives sexual pleasure from observing other people. The people being observed may be engaged in sexual acts, or be nude or in their underwear, whichever way the voyeur or the watcher finds appealing.

I Scatologia. This is the act of getting sexual arousal by making obscene phone calls to random people.

I Necrophilia. Also called thanatophilia and necrolagnia, is defined by a sexual attraction to corpses.

I Zoophilia. It is described as an affinity or sexual attraction of a human being to an animal. This condition is also known as bestiality and zoosexuality.

I Coprophilia. More commonly known as scat, this paraphilia is defined by obtaining sexual gratification from feces.

I Klismaphilia. It is a paraphilia of deriving sexual pleasure from having enemas. It is sometimes regarded as a form of anal masturbation, and is often connected to a fetish for spanking, anal play, and diapers.

I Urolagnia. Also called urophilia or undinism, it is a sexual fetish wherein participants get their sexual pleasure from urine

and the act of urinating. People with urolagnia often like to urinate in public, urinate on, or be urinated on by other people.

I Emetophilia. It is a sexual fetish wherein the individual is aroused and stimulated by vomiting or watching other people vomit.

Depending on the extent of a person's sexual preference, it is often difficult for people surrounding a paraphiliac to understand how the person behaves. They are often bombarded with feelings of contempt and anger, depending on the number of times the paraphiliac has gotten into confrontations with other. However we must always keep in mind that these people are mentally challenged and may still be salvaged. With proper psychological help and adequate support, they might get over this hurdle and lead normal lives.

The writer, Abbey Grace Yap, is an active advocate for health consciousness and disease awareness. She possesses a deep passion in discovering new health-related information and sharing it to her readers.

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